

Spiritual ARMENIA with trekking – 14 days

Day 1 (23rd June) Flight to Yerevan: Landing in Yerevan in late afternoon. After departure, we will firstly drive to Etcmiatzin where seat of Armenian apostolic church is standing. Then we drive to Yerevan. In the evening, we will walk through the elite streets of the Armenian capital and have dinner in traditional restaurant. Hotel

DAY 2 (24th June): TREKKING Yerevan – Tsakhkashen village – Lake Akna: Starting with trekking through the picturesque Alpine meadows to Lake Akna which is one of the many places of interest in the Geghama mountain range. Akna means "eye" in Armenian. This lake is of volcanic origin and is located on the frontier of Kotayk and Gegharkunik regions. Overnight: Camping, Trekking Route: Tsakhkashen – Lake Akna, Trekking: 14 km, Elevation: Akna Lake 3031m

DAY 3 ((25th June) TREKKING Lake Akna – Mount Azdahak – Lake Vanki: We will start our trekking from Akna Lake to the highest point of the range – volcano Azdahak located in the western part of the range. It is an extinct volcano. There is a lake inside the crater. The lake is formed from melting snow. Ascending to the top. From the summit of Azdahak the pictorial landscape of Mount Ararat opens, Kotayk valley, Lake Sevan and the whole Geghama mountain range. Setting up the tents. Overnight: Camping, Trekking Route: Akna Lake – Ajdahak Mountain – Vanki Lake, Trekking: 18 km, Elevation: Ajdahak 3597m.

DAY 4 (26th June) TREKKING Lake Vanki – dragon stones – drive to Goght and Garni: Starting with trekking towards Vanki Lake. Near by the lake some vishapakars (dragon stones) are preserved, in ancient Armenian mythology these stones symbolized adoration for water. Many various petroglyphs can be noticed all around; the most ancient of them are dated for 7th millennium B. C. We will walk only from camp to Dragon stones (approx. 5 km). We will drive from Dragon stones to village of Goght and Garni. On the way we will visit Geghard temple, which has special ambient and energy. Overnight in Guesthouse in Garni.

Day 5 (27th June): GARNI AND YEREVAN: Morning sightseeing of the ancient temple of Garni. If we are »lucky« enough we will have a talk to Armenian priest. If time permits, we can even walk around to the special stones known as Symphony of stones. From Garni we will drive to Yerevan and stay full day in Yerevan – sightseeing of main sights of Yeravan – squares, opera house, cascades, genocide museum... Overnight in Hotel (breakfast)

Day 6 (28th June): ARARAT and WINE REGION In the morning we will head South of Armenia, and continue to the Khor Virap monastery, located at the foot of the Biblical Ararat. A picturesque ride will lead us to the wine-growing region. We stop also at Noravank and Areni cave. If the time allows, we will visit a picturesque village right next to the border from which, in good weather, a gorgeous view on the Ararat Mountain opens. Overnight in Guesthouse (breakfast)

Day 7 (29th June): ARMENIAN "STONEHENGE" and PETROGLYPHS A picturesque ride will take us to Sisian, where we will take a look to the Armenian "Stonehenge" (observatory) and marvel at the knowledge of the old peoples in this area. From here we will drive (by SUV) to the nearby hills, where we will see petroglyphs, which are carved into stones and enjoy the footpaths in the beautiful nature near the nearby lake. After sightseeing, we will drive to Halidzor village from where we will take the Tatev Wings World's longest cable car to Tatev village. Overnight in Guesthouse (breakfast)

Day 8 (30th July): TATEV Visit Tatev monastery – Tatevi Anapat – Devil's Bridge – Tatev (overnight) Tatev monastery lies on a cliff above the canyon. We will only take a short walk to the Vorotan River Gorge or even soak in the thermal springs and enjoy the beautiful nature and special moments in Tatev. Overnight in Guesthouse (breakfast)

Day 9 (1st July) Tatev – a walk in old Khnot (armenian Macchu Picchu) and drive to Yeghegnadzor Starting with hiking from Halidzor village to see Old Khot village, "The Armenian Machu Picchu", beautifully set on the bottom and slopes of the mystic Vorotan Gorge (Syunik, south Armenia). It is one of the settlements abandoned in the middle of the last century. Here you will find Mrgadzori Khach Church ("Cross of the fruit ravine") built by a beauty, who run away from the Sheikh-Abbas harem, as the legend says. We will continue trekking to Old Halidzor village and to the road, from where we will drive back to Yeghegnadzor. Overnight in Guesthouse (breakfast)

Day 10 (2nd July): Selim pass - Noratus - Sevan lake - Dilijan

We will visit caravasaray at Selim pass and later we will stop in the village of Noratus, where we will visit the famous Armenian tombstones of the snakes. We will also stop along the shores of Lake Sevan and drive to Dilijan - visit old part complex. Overnight in Guesthouse (breakfast)

Day 11 (3rd July): Lori Region – Ardví and Odzun

This day takes you Lori region. You will be driven to Odzun Village where Odzun 3 nave basilica is located. On the way you will explore formidable Kayan fortress and enjoy the best viewpoints over dramatic Debed gorge. We will stop in Ardví and Odzun. Overnight in Guesthouse (breakfast)

EXTENSION OF THE TOUR – climb Aragats :

Day 12- 13 (**4th - 5th July): ARAGATS** For those who want to have climb to Aragats can extend tour for 2 more days. In the morning we will leave Odzun and have some sightseeing in this region. Without any deviations from the route, in the morning we will take a brief stop near the East slope of Aragats and visit Armenian Alphabet monument, which consists of 39 letters of Armenian alphabet made of local stone – tufa, and statues of prominent Armenians. This monument was erected in 2005 to the 1600 anniversary of creation of the Armenian alphabet. We will sleep in the village next to Aragats.

Next morning by a car we will reach Kari lake, located at an altitude of 3200 meters. This lake was formed by ice floes, and has a depth of about 9 meters. There are a meteorological and scientific research stations, equipped on the shore of the lake. Afterwards we will climb the Southern peak of Aragats under the guidance of professional climber. It will take from 5 to 6 hours. After climbing and conquering peaks Aragats, we will go down and on the Southern slope of Aragats we will visit medieval Amberd Fortress. It dates back to the 10th century and is one of the few well preserved fortresses of that period. Near Amberd, almost upon a deep gorge, Vahramashen Church is located. Arrival in Yerevan in the evening. Overnight in the Guesthouse (breakfast)

Day 14 (6th July): Flight****

Price: 1150 € + flight ticket

Price with extension to Aragats: 1300 € + flight ticket

*** The price of the flight ticket is approx. 400 € / person**

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The price includes:

- return air service Vienna - Yerevan / Tbilisi - Vienna * with all airport taxes and 20 kg of luggage;
- accommodation in hotels 2 * / 3 * in double rooms (H) or in clean guesthouses in double or triple rooms, bed and breakfasts; on trekking night tent with breakfast and dinner (2 dinners, 2 breakfasts);
- transport by buses and / or vans according to the program;
- Off-road vehicles for petroglyphs and off-road vehicles to / from Tatav;
- Slovenian guide - leader of the tour;
- an expert for experiential (spiritual) journeys;
- organization of travel and local management;
- a professional lecture on Armenian symbols and a pagan priest;
- 4 group spiritual energy transmissions healing in energy-efficient places;
- daily (inner) reflections;
- learning a conscious presence at “now” moment;
- support for possible personal transformations.

The price does not include / must pay before departure:

- extra charge for a smaller group in the case of the registration of fewer persons: 50 € (14 persons), 80 € (13 - 11 persons), 150 € (10 - 8 persons);
- return air service Vienna - Yerevan / Tbilisi - Vienna * with all airport taxes and 20 kg luggage (400 € at the time of early check in for the tour);
- The possibility of renting sleeping bags and mattresses for three days is 10 € / person for sleeping bag and 5€ / person for mattress (trekking in Armenia).

The price does not include / can be added:

- CORIS Health Insurance with assistance of € 35 (triple cover) or € 55 (longer variant),
- return transfer to the airport, if flight outside Slovenia (roughly € 60 to € 90)
- single room (80 €) - possible only in Yerevan.

Price does not include / mandatory extra charge:

- entrance fees - approximately € 60 - € 80,
- tip for guides and drivers 30 €,

Energy transmission is the transmission of pure consciousness from the quantum field, which fully supports you. It can increase the flow of life energy, regenerate the body, transform emotional (old) pain and burdens, help to transform limiting beliefs, activate your inner power, connect you with your essence, strengthens your intuition, brings you insights, helps you to get the answers you are looking for.

On this trip, you will be traveling with **Urška Henigman**, a performer of energy transmissions and the author of personal growth programs "I Know Who I am" and "I want back to myself ". She works with universal cosmic energy at the biofield level. She discovered her gift in 2003 working with the shamans in Peru and later upgraded it to various workshops, seminars and trips around the world. In doing so, she developed her own method of work, which she first tested on her own and now she supports others too.

Link to her website: www.ekvilibrium.si/en/

Notes:

- for traveling to Armenia, Slovenian citizens do not need a visa,
- the number of places is limited to 16,
- travel will be guaranteed once 6 registered passengers - then airline tickets will be purchased; otherwise, we will refund your payments,
- airline ticket prices, local partner service prices and currency ratios are constantly changing, so prices are approximate and may vary. The price of the trip is calculated according to the price of air tickets on 10 April 2018,
- General terms and conditions are an integral part of the offer and are published on the website shkatipotovanja.si
- info: + 386 31 249 105 or shakti.potep@gmail.com
- Please read the additional information below.
- We collect the entries up to 30 days before leaving or filling places via the link below

Important: Airline ticket prices, service prices and currency ratios are constantly changing, so prices are approximate and may vary. We guarantee the price of our organization and management.

The trip price is valid until canceled! The international air ticket was calculated on January 10, 2019 and was 400 € departing from Vienna airport. The prices of air tickets are changing and are valid until the quotas are filled.

APPLICATION: To apply for a trip, you need to fill in the application form and send it to us at our e-mail: shakti.potep@gmail.com.

Payments: 30% of the price of the package is paid upon check-in and you can secure a place in the group. With a minimum number of paid-in applications, we guarantee leaving. In the event that we do not collect sufficient reports, we will return the advance or the price rises proportionately and the journey is nevertheless derived.